

PHYSICAL EDUCATION - HUMAN PERFORMANCE (MASTER OF SCIENCE IN EDUCATION)

The graduate concentration in Human Performance is designed to prepare students for advanced study in exercise physiology and future employment in strength and conditioning, adult fitness and wellness and corporate fitness. Special attention is also given to knowledge and skills necessary for certification (Certified Strength and Conditioning Specialist) and American College Sports Medicine certifications (e.g., Personal Trainer, Exercise Physiologist). The Human Performance program prepares graduates for interaction with both healthy populations and populations that are affected by chronic diseases (e.g., CVD, diabetes) and the functional changes that occur during exercise with these populations.

Application Deadlines

Deadline dates for application and receipt of all required application materials:

Date	Event
July 1	Fall Admission
November 1	Spring Admission
April 1	Summer Admission

Any exceptions to these deadlines must be granted by the graduate program chair.

Application Materials Required for the MSE in Physical Education - Human Performance

All of the following documents must be submitted to Graduate Admissions to be considered for admission:

Graduate Admissions
Jacksonville State University
700 Pelham Road North
Jacksonville, Alabama 36265-1602

1. Completed JSU Graduate Application for Admission (<https://gr-recruiter.jsu.edu/Apply/Account/Login/>).
2. Non-refundable \$35 application processing fee.
3. Official transcripts from all colleges/universities with degrees posted. (Students who have previously attended JSU do not need to request a transcript from the university.)
4. Three Graduate Reference Forms completed by individuals who can provide qualitative assessment of the applicant's potential for success in graduate coursework. Reference forms will be submitted electronically. Instructions for submission will be sent through email to the applicant upon submission of the online graduate application.
5. Official scores for the General Test of the Graduate Record Exam (GRE) (<https://www.ets.org/gre/>) or the Miller Analogies Test (MAT) (<http://www.jsu.edu/ccservices/mat.html>) will be required if the undergraduate degree posted GPA is below 2.75.

6. International student applicants must see the International Student Applicants (catalog.jsu.edu/graduate/admission/international-student-applicants/) section of this catalog for other application and enrollment requirements.

Admission Requirements for the MSE in Physical Education - Human Performance

Applicants who meet the general admission requirements to graduate studies are eligible for admission to the MSE Physical Education degree with a concentration in Human Performance (non-professional educator certification). All applications are reviewed by graduate faculty for admission approval into the program.

A degree in Exercise Science or a closely related field is required for admission into the Human Performance Concentration.

Completion of undergraduate deficiencies may be required to meet program admission.

Applicants must meet one of the following admission requirements:

Unconditional Admission

- Applicants may be eligible for unconditional admission to the program with a GPA on the initial undergraduate degree of at least 2.75 on a 4.00 scale.

Conditional Admission

- Applicants who fail to meet the 2.75 GPA requirement for unconditional admission may be eligible for conditional admission to the program with a GRE mean score equal to or greater than 145 or a MAT score equal to or greater than 375.
- If GRE or MAT scores are required, they must be on file at JSU prior to consideration of program acceptance.

Applicants who are granted conditional admission must achieve a GPA of at least 3.00 on the first 12 graduate hours attempted. Failure to meet these conditions will result in the student being dropped from graduate studies.

Minimum Requirements for the MSE in Physical Education - Human Performance

An overall 3.00 GPA is required on all coursework attempted for the master's degree. Transfer credit cannot be used to raise the GPA to the required 3.00.

Course	Title	Credits
Core Requirements		
HPE 537	Diversity Issues and Trends in Wellness and Sport Studies	3
HPE 540	Law and Ethics in Wellness and Sports Studies	3
HPE 553	Applied Exercise Physiology I	3
HPE 578	Research in Wellness and Sports Studies	3
Human Performance Concentration		
HPE 531	Clinical Cardiopulmonary Physiology	3
HPE 539	Diet and Performance	3
HPE 554	Applied Exercise Physiology II	3
HPE 583	Perceptual Motor Development	3
HPE 590	Directed Studies in Wellness and Sports Studies	3

FCS 536	Advanced Nutritional Therapy	3
or FCS 537	Advanced Methods of Nutritional Assessment	
Total Hours		30

30 Graduate Semester Hours Required for this Degree

Graduation

All students must apply for graduation (<http://www.jsu.edu/graduate/graduation.html>) by the given deadline of the semester (<http://www.jsu.edu/registrar/academic-calendar/>) in which they plan to graduate. Please see the Graduation and Comprehensive Exam (catalog.jsu.edu/graduate/academic-policies-procedures/graduation-comprehensive-exam/) section of this catalog for more information.