### PHYSICAL EDUCATION -HUMAN PERFORMANCE (MASTER OF SCIENCE IN EDUCATION)

The graduate concentration in Human Performance is designed to prepare students for advanced study in exercise physiology and future employment in strength and conditioning, adult fitness and wellness and corporate fitness. Special attention is also given to knowledge and skills necessary for certification (Certified Strength and Conditioning Specialist) and American College Sports Medicine certifications (e.g., Personal Trainer, Exercise Physiologist). The Human Performance program prepares graduates for interaction with both healthy populations and populations that are affected by chronic diseases (e.g., CVD, diabetes) and the functional changes that occur during exercise with these populations.

### **Application Deadlines**

Deadline dates for applications and receipt of all required application materials are one month prior to the start of the semester. If applications are submitted within a month of the start day, the Graduate School will make every effort to process them before the start of the semester. However, there is no guarantee the student will be admitted and able to register for courses.

# Application Materials Required for the MSE in Physical Education with a Concentration in Human Performance

Applicants for a master's degree education program must submit all of the following documentation to Graduate Admissions to be considered for admission:

Graduate Admissions Jacksonville State University 700 Pelham Road North Jacksonville, Alabama 36265-1602

- Completed JSU Graduate Application for Admission (https://gr-recruiter.jsu.edu/Apply/Account/Login/).
- 2. Non-refundable \$35 application processing fee.
- 3. Official transcripts from the baccalaureate degree awarding institution and all transcripts from institutions where post-baccalaureate work has been completed. To be considered for admission, applicants must hold a degree from an institutionally accredited institution or its foreign equivalent. (Students who have previously attended JSU do not need to request a transcript from the university.)
- International student applicants must see the International Student Applicants (https://catalog.jsu.edu/graduate/admission/ international-student-applicants/) section of this catalog for other application and enrollment requirements.

# Admission Requirements for the MSE in Physical Education - Human Performance

Applicants who meet the general admission requirements to graduate studies are eligible for admission to the MSE Physical Education degree with a concentration in Human Performance (non-professional educator certification). Applicants are admitted on a selective basis upon review of the completed application package.

A degree in Exercise Science or a closely related field is required for admission into the Human Performance Concentration.

Completion of undergraduate deficiencies may be required to meet program admission.

Applicants must meet one of the following admission requirements:

#### **Unconditional Admission**

 Applicants may be eligible for unconditional admission to the program with a GPA on the initial undergraduate degree of at least 2.75 on a 4.00 scale.

#### **Conditional Admission**

 Applicants with an undergraduate GPA of 2.50 to 2.74 from an institutionally accredited institution may be conditionally admitted.

# Students Seeking to Pursue the Master of Science in Education Following Completion of the Graduate Certificate in Human Performance

Students who have completed the Graduate Certificate in Human Performance prior to seeking admission to the Master of Science in Education in Physical Education with a concentration in Human Performance may be unconditionally admitted if they have at least a 3.0 GPA on all graduate certificate hours attempted. The minimum undergraduate GPA threshold requirements will be waived for those applicants seeking entry following completion of the graduate certificate.

Applicants who are granted conditional admission must achieve a GPA of at least 3.00 on the first 12 graduate hours attempted. Failure to meet these conditions will result in the student being dropped from graduate studies.

## Minimum Requirements for the MSE in Physical Education - Human Performance

An overall 3.00 GPA is required on all coursework attempted for the master's degree. Transfer credit cannot be used to raise the GPA to the required 3.00. This program does not lead to teacher certification.

Course	Title Cı	redits
Core Requiremen	ts	
HPE 5892	Diversity Issues and Trends in Wellness and Sport Studies	t 3
HPE 5240	Law and Ethics in Wellness and Sports Studies	3
HPE 5337	Applied Exercise Physiology I	3
HPE 5702	Research in Wellness and Sports Studies	3
<b>Human Performa</b>	nce Concentration	
HPE 5334	Clinical Cardiopulmonary Physiology	3
HPE 5336	Diet and Performance	3
HPE 5338	Applied Exercise Physiology II	3

Total Hours		
or FCS 5537	Advanced Methods of Nutritional Assessment	
FCS 5536	Advanced Nutritional Therapy	3
HPE 5880	Directed Studies in Wellness and Sports Studies	3
or HPE 5452	Skill Analysis	
HPE 5340	Perceptual Motor Development	3

30 Graduate Semester Hours Required for this Degree

### **Graduation**

All students must apply for graduation (http://www.jsu.edu/graduate/graduation.html) by the given deadline of the semester (http://www.jsu.edu/registrar/academic-calendar/) in which they plan to graduate. Please see the Graduation and Comprehensive Exam (https://catalog.jsu.edu/graduate/academic-policies-procedures/graduation-comprehensive-exam/) section of this catalog for more information.