

# NUTRITION AND FOODS MINOR

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A minor in Nutrition and Foods may be obtained by completing 18 hours, including:

Course	Title	Credits
FCS 122	Fundamentals of Food Preparation and Meal Management	3
FCS 322	Normal Nutrition	3
FCS 338	Community Nutrition	3
Select nine hours of the following:		9
FCS 326	Food Safety and Sanitation	
FCS 327	Nutrition in the Life Cycle	
FCS 337	Methods of Nutritional Assessment	
FCS 420	Medical Nutrition Therapy I	
FCS 421	Medical Nutrition Therapy II	
FCS 427	Special Problems in Family and Consumer Sciences	
FCS 429	Advanced Nutritional Metabolism	
FCS 448	Alternative Medicine and Dietary Supplements	
<b>Total Hours</b>		<b>18</b>