

HEALTH (6-12) AND PHYSICAL EDUCATION (P-12) (BACHELOR OF SCIENCE IN EDUCATION)

Students who meet the requirements for education degree programs will be eligible to apply for a baccalaureate level Professional Certificate and will be qualified to teach Health Education in grades 6-12 and Physical Education in grades P through 12. Of the 120 hours required to attain the Bachelor of Science in Education degree, the Health and Physical Education major must successfully complete:

Course	Title	Credits
Teaching Field and Departmental Courses		46
A minimum of 46 hours including:		
HPE 103	Foundations of Health and Physical Education	
HPE 109	Concepts of Wellness	
HPE 145	Team Sport Skills	
HPE 146	Individual and Dual Sports Skills	
HPE 260	Motor Development	
HPE 232	Sports Safety and First Aid Training	
HPE 355	Introductory Methods of Elementary HPE	
HPE 356	Introductory Methods of Secondary HPE	
HPE 357	21st Century Technology in HPE	
HPE 362	Kinesiology	
HPE 370	School Health Programs	
HPE 381	Inclusive Physical Education	
HPE 400	Exercise Physiology	
HPE 404	Test and Measurements in HPE	
HPE 415	Biomechanics (WI)	
SMR 271	Recreational Games and Group Development Activities	
Two hours of fitness activity		
Professional Studies Courses		
33 hours are required, which include:		
ED 302	Introductory Foundations in Teacher Education (WI)	
SPE 300	Survey of Exceptional Children and Youth	
HPE 409	Methods of Teaching Physical Education, P-5	
HPE 410	Methods of Teaching PE, 6-12	
HPE 411	Practicum in Physical Education, P-12	
HPE 416	Methods of Teaching Health Education	
HPE 417	Practicum in Health Education	
HPE 462	Effective Teaching in HPE	
Internship		
HPE 482	Seminar in HPE	
ED 495	Internship in Education	
ED 496	Reflective Practices in Education (WI)	
Teacher Eligibility		

The following courses must be taken prior to teacher education eligibility:

HPE 103	Foundations of Health and Physical Education
ED 302	Introductory Foundations in Teacher Education (WI)
SPE 300	Survey of Exceptional Children and Youth

While Health and Physical Education is housed in the School of Health Professions and Wellness within the Department of Kinesiology, students must adhere to all rules and policies set forth by Teacher Education Services to comply with Alabama State Department of Education requirements. Successful completion of this program includes meeting all requirements and earning a passing score on the edTPA portfolio during the internship semester. Upon completion of this program and any state-required Praxis Subject Assessments, a student will be eligible to apply for the baccalaureate level Professional Certificate which provides teacher certification for health education (6-12) and physical education (P-12). Teacher Education Programs may be altered to meet changes in federal and Alabama State Department of Education regulations. Health and Physical Education (teacher education) degree requirements may be altered to meet changes in federal and Alabama State Department of Education regulations.

In addition to courses noted below, candidates for graduation must successfully complete all JSU Academic Regulations. More information about general education requirements can be found in the Summary of Degrees/Requirements (catalog.jsu.edu/undergraduate/summary-degrees-requirements/) section of the catalog.

Course	Title	Hours
Freshman		
Fall		
EH Composition sequence		3
Fine Arts		3
History		3
Social/Behavioral Science		3
HPE Fitness Activity		1
HPE Fitness Activity		1
STU 101	First Year Experience	0
Hours		14
Spring		
EH Composition sequence		3
BY 101 & BY 103	Introductory Biology I and Introductory Biology Lab I	4
MS 110	Finite Mathematics	3
Humanities/Social Behavioral Science		3
History/Social Behavioral Science		3
Hours		16
Sophomore		
Fall		
Literature		3
EH 141	Oral Communication	3
History/Literature/Fine Arts/Social and Behavioral Science		3
BY 263	Human Anatomy and Physiology I	4
HPE 109	Concepts of Wellness	3
Hours		16
Spring		
HPE 103	Foundations of Health and Physical Education	3
HPE 145	Team Sport Skills	2
HPE 146	Individual and Dual Sports Skills	2
HPE 260	Motor Development	3
HPE 362	Kinesiology	3
SMR 271	Recreational Games and Group Development Activities	2
Hours		15

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Junior		
Fall		
ED 302	Introductory Foundations in Teacher Education (WI)	3
HPE 381	Inclusive Physical Education	3
HPE 400	Exercise Physiology	3
HPE 415	Biomechanics (WI)	3
SPE 300	Survey of Exceptional Children and Youth	3
Hours		15
Spring		
HPE 232	Sports Safety and First Aid Training	2
HPE 355	Introductory Methods of Elementary HPE	3
HPE 356	Introductory Methods of Secondary HPE	3
HPE 357	21st Century Technology in HPE	3
HPE 462	Effective Teaching in HPE	3
Hours		14
Summer		
HPE 370	School Health Programs	3
HPE 416	Methods of Teaching Health Education	3
Hours		6
Senior		
Fall		
HPE 404	Test and Measurements in HPE	3
HPE 409	Methods of Teaching Physical Education, P-5	3
HPE 410	Methods of Teaching PE, 6-12	3
HPE 411	Practicum in Physical Education, P-12	2
HPE 417	Practicum in Health Education	1
Hours		12
Spring		
HPE 482	Seminar in HPE	3
ED 495	Internship in Education	6
ED 496	Reflective Practices in Education (WI)	3
Hours		12
Total Hours		120

Note: All professional education courses and selected teaching field courses must be completed at JSU and may not be transferred from another institution. Please check with your academic department for a complete list of these courses.